



We focus on all 4  
aspects of tennis,  
ball strike, fitness,  
match play strategy  
and mental.

## CONTACT US

[www.tennisarukat.com](http://www.tennisarukat.com)

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**HUDLOW  
TENNIS  
CENTER  
2021**

**TENNIS  
ARUKAT  
ACADEMY**

PUTTING THE FUN IN FUNDAMENTALS



We take grouping extremely serious but to give you a very rough idea before evaluation.

## ABOUT US

For more detailed info: [www.tennisarukat.com](http://www.tennisarukat.com)

TAA has been in the making since 1996 from Africa to Europe and then Atlanta (Sandy Springs- Riverside club for 8 years, back to Europe for a 4 year research to Village Mill in Dunwoody 2011-2020.

We are expanding services and staff to focus more on serving more players, kids and adults.

We have programs for kids from 5 years old to late teens and from entry level to college bound players.

We have adult programs as well, drop in cardio tennis to ALTA teams training.

We offer private lessons and ball machine rental among other services.

<b>RED GROUP</b>	<b>ORANGE GROUP</b>	<b>GREEN GROUP</b>	<b>YELLOW GROUP</b>
(usually 6-10 years)	(usually 10-14 years)	(usually 12-16 years)	(usually 14 years & up)
Entry level	Recreational players	Competitive High school/ALTA players	Competitive Tournament players
Mon-Thur 3:30-5 pm	Mon/Wed 5-7 pm	Tue/Thur 5-7 pm	Mon-Thur am/pm
<ol style="list-style-type: none"> <li>1. Must be interested in tennis</li> <li>2. Must be able to commit an average 1 lesson a week.</li> </ol>	<ol style="list-style-type: none"> <li>1. Must be able to rally 10 topspin groundstrokes from baseline with correct form( orange ball).</li> <li>2. Must be able to play points with basic intent.</li> <li>3. Must be able to commit average 3 hours/week.</li> </ol>	<ol style="list-style-type: none"> <li>1. Must be able to rally ground strokes 10 topspin groundstrokes from baseline with green ball.</li> <li>2. Must be able to volley and serve with correct grip.</li> <li>3. Must be able to commit average 5 hours/ week</li> </ol>	<ol style="list-style-type: none"> <li>1. Must have a State ranking</li> <li>2. Must be able to hit all the shots, topspin, slice, volleys, serve with reasonable technique with yellow ball.</li> <li>3. Must be able to commit average 12 hours/week</li> </ol>
\$119/ month	\$195/ month	\$300/ month	\$560/ month
1x week drills	2x week drills	2 x week drills	4x week (unlimited)
6 kids/ pro	6 kids/ pro	Match play	1 x private/ week (unlimited)
		Fitness/ Footwork	Match play analysis
		Access to ball machine	Fitness / Footwork
		1 private lesson/ month	Video analysis
		6-8 kids/ pro	Free racket restringing
			ETC.. ETC..